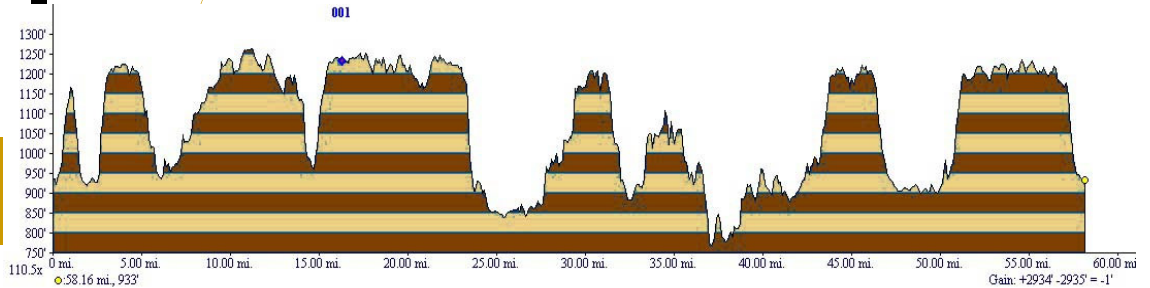


HEART ATTACK HILL

FACT SHEET

LOCATION W. WI



Profile created with TOPO!® ©2006 National Geographic (www.nationalgeographic.com/topo)

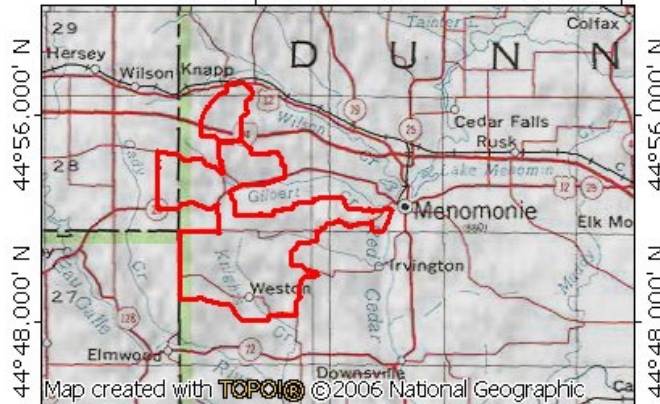
LENGTH 58 MILES

START KNAPP, WI

CLIMB APPROX. 3,000 FT

TOPO! map printed on 01/21/08 from "Untitled.tpo"

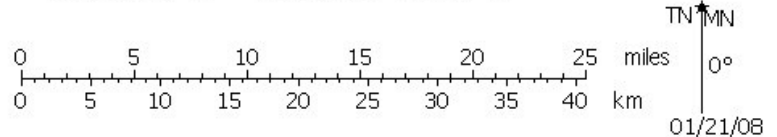
92°04.000' W WGS84 91°44.000' N



92°04.000' W WGS84 91°44.000' N

SPECIAL POINTS OF INTEREST:

- Steep and rolling hills
- Country roads
- Big elevation gain
- Remote and Rural
- Minimal Traffic
- No Services on route except in Menomonie and Knapp
- Complicated route



1 ParkSt	0 ft	
2 Get on Park St and drive north	0 ft	0 ft
3 CentralSt	115 ft	115 ft
4 Get on Central St and drive east	115 ft	0 ft
5 CentralSt1	0.3 mi	0.2 mi
6 Get on Church St and drive south	0.3 mi	0 ft
7 MillerSt	0.3 mi	220 ft
8 Get on Miller St and drive east	0.3 mi	0 ft
9 3rdAveE	0.4 mi	0.1 mi
10 Get on 3rd Ave E and drive south	0.4 mi	0 ft
11 WellsteinRd	2.2 mi	1.8 mi
12 Get on Hall Estate Rd and drive west	2.2 mi	0 ft
13 HallEstateRd	2.6 mi	0.4 mi
14 Get on Hall Estate Rd and drive south	2.6 mi	0 ft
15 HallEstateRd1	3.7 mi	1.0 mi

16 Get on Olson Rd and drive west	3.7 mi	0 ft
17 CoHwyQ	4.6 mi	1.0 mi
18 Get on Co Hwy Q and drive south	4.6 mi	0 ft
19 CoHwyQ1	6.1 mi	1.5 mi
20 Get on Co Hwy N and drive northwest	6.1 mi	0 ft
21 Keep right onto Co Hwy N	8.2 mi	2.0 mi
22 CoHwyN	9.4 mi	1.3 mi
23 Get on 320th St and drive south	9.4 mi	0 ft
24 Hwy29	12.0 mi	2.6 mi
25 Get on Hwy 29 and drive east	12.0 mi	0 ft
26 Hwy291	14.9 mi	2.9 mi
27 Get on Co Hwy Q and drive southeast	14.9 mi	0 ft
28 CoHwyP	16.2 mi	1.3 mi
29 Get on Co Hwy P and drive west	16.2 mi	0 ft
30 CoHwyP1	17.9 mi	1.7 mi
31 Get on Co Hwy P and drive south	17.9 mi	0 ft
32 CoHwyP2	20.9 mi	3.0 mi
33 Get on Star Rd and drive east	20.9 mi	0 ft
34 StarRd	25.3 mi	4.4 mi
35 Get on Bates Rd and drive north	25.3 mi	0 ft
36 CoHwyX	25.5 mi	0.2 mi
37 Get on Co Hwy X and drive east	25.5 mi	0 ft
38 CoHwyX1	26.8 mi	1.3 mi
39 Get on Co Hwy D and drive north	26.8 mi	0 ft
40 GypsyHillRd	29.2 mi	2.4 mi
41 Get on Gypsy Hill Rd and drive northwest	29.2 mi	0 ft
42 GypsyHillRd1	30.6 mi	1.4 mi
43 Get on Gypsy Hill Rd and drive north	30.6 mi	0 ft
44 WedamRd	32.6 mi	2.0 mi
45 Get on Co Hwy K and drive north	32.6 mi	0 ft
46 CoHwyK	33.0 mi	0.4 mi
47 Get on Co Hwy P and drive northeast	33.0 mi	0 ft
48 CoHwyP3	35.8 mi	2.8 mi
49 Get on Johnson Rd and drive southeast	35.8 mi	0 ft
50 JohnsonRd	36.3 mi	0.5 mi
51 Get on Johnson Rd and drive east	36.3 mi	0 ft
52 ParadiseValleyR	36.8 mi	0.4 mi
53 Get on Paradise Valley Rd and drive north	36.8 mi	0 ft
54 ParadiseValley1	38.0 mi	1.2 mi
55 Get on Co Hwy P and drive west	38.0 mi	0 ft
56 Turn right onto Hofland Rd	38.3 mi	0.3 mi
57 HoflandRd	38.4 mi	0.1 mi
58 Get on Hofland Rd and drive southwest	38.4 mi	0 ft
59 MillRd	40.1 mi	1.7 mi
60 Get on Mill Rd and drive north	40.1 mi	0 ft
61 MillRd1	40.5 mi	0.4 mi
62 Get on Midway Rd and drive west	40.5 mi	0 ft
63 CoHwyK1	42.0 mi	1.4 mi
64 Get on Co Hwy K and drive south	42.0 mi	0 ft
65 CoHwyK2	42.2 mi	0.2 mi
66 Get on Middle Rd and drive west	42.2 mi	0 ft

67 MiddleRd	43.2 mi	1.0 mi
68 Get on Middle Rd and drive west	43.2 mi	0 ft
69 MiddleRd1	44.9 mi	1.7 mi
70 Get on Middle Rd and drive west	44.9 mi	0 ft
71 MiddleRd2	46.2 mi	1.3 mi
72 Get on Middle Rd and drive north	46.2 mi	0 ft
73 Hwy292	47.2 mi	1.1 mi
74 Get on Hwy 29 and drive northeast	47.2 mi	0 ft
75 Hwy293	49.8 mi	2.6 mi
76 Get on Olson Rd and drive northwest	49.8 mi	0 ft
77 HallEstateRd1	53.1 mi	3.2 mi
78 Get on Olson Rd and drive west	53.1 mi	0 ft
79 CoHwyQ	54.0 mi	1.0 mi
80 Get on Co Hwy Q and drive north	54.0 mi	0 ft
81 CoHwyQ2	54.9 mi	0.9 mi
82 Get on Co Hwy Q and drive north	54.9 mi	0 ft
83 CentralSt2	57.7 mi	2.8 mi
84 Get on Central St and drive east	57.7 mi	0 ft
85 CentralSt	58.3 mi	0.5 mi
86 Get on Park St and drive north	58.3 mi	0 ft
87 ParkSt	58.3 mi	115 ft