

ROCKFORD LOOP

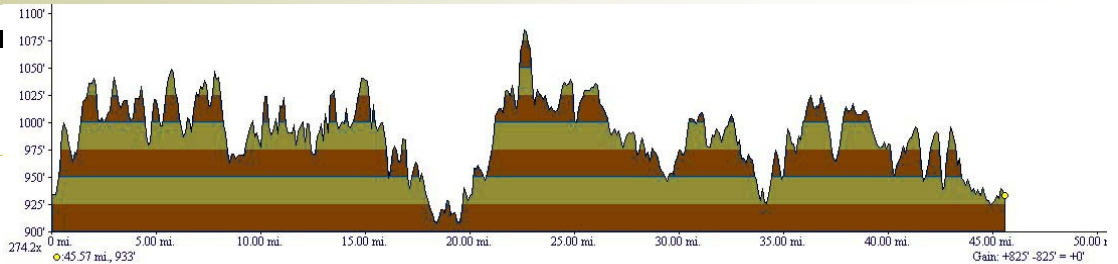
FACT SHEET

LOCATION METRO WEST

LENGTH 45 MILES

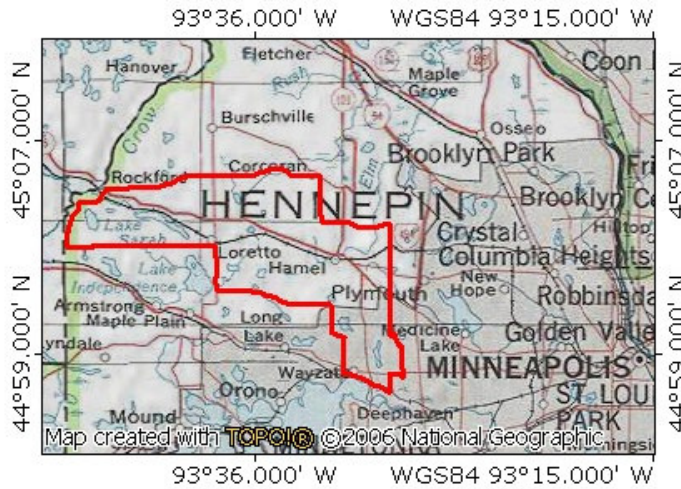
START WAYZATA

CLIMB 825 FT



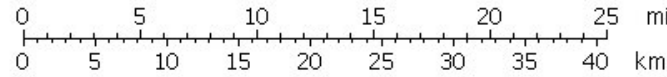
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SPECIAL POINTS OF INTEREST:

- Rolling hills
- Country roads
- Nice elevation gain
- Plenty of services
- Possible high traffic on eastern leg



TN MN
1°
01/21/08

1 LakeStE	0 ft	
2 Get on Lake St E and drive west	0 ft	0 ft
3 FerndaleRdS	0.5 mi	0.5 mi
4 Get on Ferndale Rd S and drive north	0.5 mi	0 ft
5 CoHwy6	2.0 mi	1.6 mi
6 Get on Co Hwy 6 and drive west	2.0 mi	0 ft
7 CoHwy61	2.6 mi	0.5 mi
8 Get on Hunter Dr and drive north	2.6 mi	0 ft
9 CoHwy24	3.7 mi	1.2 mi
10 Get on Co Hwy 24 and drive west	3.7 mi	0 ft
11 CoHwy19	8.9 mi	5.1 mi

12 Get on Co Hwy 19 and drive north	8.9 mi	0 ft
13 S Medina St	10.9 mi	2.0 mi
14 Get on Co Hwy 11 and drive west	10.9 mi	0 ft
15 Co Line Rd SE	17.3 mi	6.4 mi
16 Get on Co Rd 139 and drive north	17.3 mi	0 ft
17 Turn left onto Rebecca Park Trl	20.3 mi	3.0 mi
18 Rebecca Park Trl	20.9 mi	0.6 mi
19 Get on Ramp and drive east	20.9 mi	0 ft
20 Rebecca Park Trl 1	23.1 mi	2.2 mi
21 Get on Rebecca Park Trl and drive east	23.1 mi	0 ft
22 Co Hwy 116	30.4 mi	7.3 mi
23 Get on Co Hwy 116 and drive south	30.4 mi	0 ft
24 Co Hwy 116 1	32.3 mi	1.9 mi
25 Get on Hackamore Rd and drive east	32.3 mi	0 ft
26 Vicksburg Ln N	35.4 mi	3.1 mi
27 Get on Vicksburg Ln N and drive south	35.4 mi	0 ft
28 Vicksburg Ln N 1	40.2 mi	4.8 mi
29 Get on Co Hwy 6 and drive east	40.2 mi	0 ft
30 Co Hwy 6 2	40.4 mi	0.2 mi
31 Get on Shenandoah Ln N and drive south	40.4 mi	0 ft
32 Parkers Lake Rd	42.1 mi	1.7 mi
33 Get on Twelve Oaks Center Dr and drive east	42.1 mi	0 ft
34 Carlson Pkwy	42.2 mi	501 ft
35 Get on Carlson Pkwy and drive south	42.2 mi	0 ft
36 Oakland Rd	42.5 mi	0.3 mi
37 Get on Oakland Rd and drive southwest	42.5 mi	0 ft
38 Crosby Rd	43.2 mi	0.7 mi
39 Get on Crosby Rd and drive south	43.2 mi	0 ft
40 McGinty Rd W	44.0 mi	0.8 mi
41 Get on McGinty Rd W and drive northwest	44.0 mi	0 ft
42 Turn right onto McGinty Rd	44.7 mi	0.8 mi
43 Turn left onto Lake St E	45.3 mi	0.5 mi
44 Lake St E	45.8 mi	0.5 mi